

News & Notes

Discover the world at your library!

Volume 48 • Number 3 May • June 2019

Program Coordinators • E. Arena, M. Famiglietti, A. Lowe, M. Nicolazzi

www.NorthBabylonPL.org

FROM THE DIRECTOR'S DESK

Thank you for your overwhelming support of the library's budget. Congratulations to: Theresa DeBlasi, Ira Hester and Patricia Ziegler on their election to the Board of Trustees.

If a patron needs an accommodation to make a program accessible, we move it upstairs or we contact other local libraries hosting the same program to request seating for North Babylon cardholders. Patrons just need to let the library know in advance of their needs. We are working on other solutions to this issue.

Wow! We have achieved *Green Business Certification* which demonstrates our commitment to sustainability. We have cut our utilities, lowered our carbon footprint and we recycle everything. We are doing the right thing. It is our sincere hope that employees and patrons will follow our lead.

Marc David Horowitz



Thursday, May 23, 10:00 AM - 1:00 PM Looking for work? Recruiters from local companies will be at the library looking for new employees. Bring your resume and dress for success.





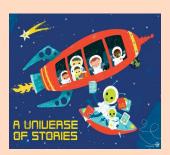
Summer Reading Club Kickoff June 24

Events all day

"A Universe of Stories"

We have clubs for infants (read-to-me),
children, young adults and adults.

Games, prizes, awards and gifts galore!



Sign-up for all Adult Classes begins May 1. Non-residents may register May 8. All fees are non-refundable.

Please let us know in advance if you will need an accommodation that will make an event accessible to you.

Book Discussions

New members are always welcome. Please pick up your book at the Circulation Desk.

Tuesday, May 28, 10:00 - 11:00 AM Anything is Possible by Elizabeth Strout



Tuesday, June 25, 10:00 - 11:00 AM
How to Stop Time
By Tom Haig



Evening book discussions will return shortly.

Career Counselor

Mondays, May 6 or June 3 6:00 - 9:00 PM Saturdays, May 18 or June 15 10:00 AM - 1:00 PM

Meet with professional Career Counselor Barbara McCleave for help with resumes and career options, all ages. Call 669-4020 to schedule an appointment. North Babylon cardholders only.

Movies for Adults

Fridays at 1:00 PM (residents)
Fridays at 3:30 PM (non-residents)
Doors open at 12:40 PM.
Bring your travel coffee cup!



Knitting Club

Mondays, May 6 and 20, June 3 and 17 10:00 AM - 12:00 Noon

Crochet Club

Thursdays, May 9 and 23, June 13 and 27 7:00 - 9:00 PM

Adult Game Club

Mondays, May 13 and June 17 1:00 - 4:00 PM

Board of Trustees Meetings

Tuesdays, May 21 and June 18, 6:00 PM

Defensive Driving

Saturday, June 29 10:00 AM - 4:00 PM All ages. \$45 fee. No cash refunds.



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Social Worker Available

The Library now offers a free service to patrons through the Social Work Intern Program at the Stony Brook University School of Social Welfare. One-on-one assistance completing forms and applications, referrals to mental health resources, food pantries, shelters, support groups, tips for those seeking employment and other topics. Thursday evenings and Friday mornings. Through May 24.

A gift to your library is a gift to yourself

Memorial and other special gifts are a meaningful way of paying tribute or recognizing a special achievement. All contributions to the Library are tax deductible. What a wonderful way to honor someone.

Reserve-a-Librarian Training

Do you need basic computer help or help with your E-reader? One-on-one training is available by appointment. Training is available to learn how to check out e-books from the library, use our databases or online catalog, and more.

Downloading from the Library

Free downloadable media is available as an online service to all North Babylon Library cardholders. Explore the constantly growing collection of audiobooks, e-books, kindle books and videos for adults, teens and children. Materials can be downloaded to a computer, laptop, phone or a tablet. High demand items can be placed on reserve. Materials are automatically returned on their due date, no late fees. Passwords required.

The Library will be closed:
Monday, May 27
Memorial Day
Thursday, July 4
Independence Day

Senior ID Program

Friday, May 3, 12:00 Noon - 3:00 PM Sponsored by Assemblyman Mike LiPetri.



Document Shredding Event

Sunday, May 5, 2:00 - 4:00 PM

Free secure-shredding in the Library's parking lot.

Health Insurance Enrollment Assistance

Mondays, May 6 and June 3, 1:00 - 4:00 PM Nassau Suffolk Hospital Council will provide inperson enrollment assistance for Child Health Plus, Medicaid, Essential Plan, Qualified Health Plans and screen eligibility for tax credits.

Tech Tutors

Tuesdays, May 7, 14, 21, 3:30 - 4:30 PM Wednesday, May 8, 7:00 - 8:00 PM Tuesdays, June 4, 11, 18, 3:30 - 4:30 PM TUTORS Meet with a teen volunteer who will teach you how to use a computer, cell phone or tablet.



Foreign Film Night: Capernaum

Tuesday, May 7, 6:30 - 8:30 PM Follow the story of Zain, a gutsy, streetwise child, as he flees his negligent parents.



Power Your Job Search with an **Accomplishment-Based Resume**

Wednesday, May 8, 6:30 - 8:00 PM

Do you think your resume effectively markets the knowledge, skills and abilities you offer as a job candidate? Explore ways to enhance your resume.

Parenting the 2nd Time Around

Thursday, May 9, 7:00 - 8:00 PM

This grandparent support workshop will include a discussion on grandparent roles; challenges and solutions; resources and coping mechanisms; finding balance and ways to engage grandchildren and strengthen bonds. Joanne Paul Pascal, Social Work Intern, Stony Brook University.

Yogalates

Fridays, May 10, 17, 31, June 7, 14, 7:00 - 8:00PM Yogalates is a blend of Hatha and Vinyasa Yoga principles and Pilates Mat. Please make sure that you are able to get up and down off the floor often and can perform various positions on the floor for extended periods of time. No class May 24.

Presenting Yourself Effectively at a Job Fair

Saturday, May 11, 10:30 AM - 12:00 Noon

This workshop will give you a template for developing a polished, professional '30-second introduction' that will help you establish that all-important positive first impression, whether at a job fair, networking, or in interview situations. Strategies for preparing for the job fair by researching employers and techniques for following up with recruiters that will set you apart from your competition.

One-on-One Medicare Counseling and Assistance

Mondays, May 13 and June 10 9:30 AM - 12:30 PM

Meet individually with an RSVP Suffolk volunteer from the Health Insurance Information, Counseling and Assistance Program to get information about Medicare health insurance and benefits. By appointment only.

What My Friends Won't Tell Me: Talk About Incontinence

Tuesday, May 14, 10:00 - 11:00 AM

Dr. Danielle O'Shaughnessy, from Northwell Health, will address the different types of urinary incontinence. She will also discuss the symptoms, risk factors, causes and the many treatment options including medical and surgical approaches available.

Paint Night: Bicycle

Tuesday May 14, 7:00 - 8:30 PM Thursday, June 6, 7:00 - 8:30 PM Let's paint some fun art! No experience necessary. 16x20 canvas, acrylic paints, brushes, easels and step by step instructions provided. \$10 fee.



The Power of Positive Thinking Through Visual Imagery

Wednesday, May 15, 10:00 - 11:00 AM

Visual imagery allows you to create a mental picture which can help you to relax. This workshop is designed to teach you how to give yourself positive thoughts and suggestions, so that you may start your journey toward your goals.

Drop in Craft

Thursdays, May 16 and June 27, 10:00 - 8:00 PM

Meet Senator Phil Boyle Thursday, May 16, 5:00 - 7:00 PM



Navigating Through Medicare

Thursday, May 16, 7:00 - 8:30 PM

Learn the differences between parts A, B, C, and D. What is Medigap? Prepare, compare and decide. Join Patricia Semryck for an educational seminar that can answer those questions and more.

Eating Healthy for People with **Diabetes and Pre-Diabetes**

Monday, May 20, 1:00 - 2:00 PM

Common questions about diabetes self-management for most people with diabetes; how much carbohydrate should a person consume? Join Elissa Feldman RD from Stony Brook Medicine for this important program.

Cooking with Chef Rob

Tuesday, May 21, 1:00 - 3:00 PM Cinco de Mayo tasting! Sample shrimp tacos with mango slaw and tortilla topped Mexican corn and tomato soup.

A Guide to Summer Stargazing

Tuesday, May 21, 7:00 - 9:00 PM

Join Randall DiGiuseppe, amateur astronomer for over 40 years and educator from the Custer Institute & Observatory, as he guides you through the wonders of the summer night sky. Come see the moons of Jupiter, the rings of Saturn and objects far beyond our solar system. We will move outside to observe the sky following the discussion.

Elder Law Update

Wednesday, May 22, 10:00 AM - 12:00 Noon

Former Legal Aid Society and senior citizen attorney George L. Roach, Esq. will present current estate and gift tax amounts, a review of the important legal documents each and every one of us should have as well as strategies to protect assets.

Q&A with the TOB Building Dept

Wednesday, May 22, 7:00 - 8:00 PM

Thinking about renovating your home? Members of the Town of Babylon Building department will be here to answer questions and to explain procedures.

Growing Your Own Food: Four Season Organic Garden

Tuesday, May 28, 6:30 - 8:30 PM

Create your own four season organic garden. Making soil (compost), choosing a site, greenhouse/hoop house options, what to grow, seed selection, weeds, irrigation, succession planting, crop rotation, and gathering your harvest.

Streaming Service or Cable?

Thursday, May 30, 6:30 - 8:30 PM

There are many ways to access television or movies other than through a cable provider. You will learn about streaming services, what is included, what is subscription based and much more.

Country Silk Arrangement Craft

Friday, May 31, 7:00 – 8:30 PM

We will be decorating mason jars and adding silk flowers, ribbons and other accessories to hang on your door. This program is especially designed for adults with special needs, but all are welcome.

LI Green Homes

Monday, June 3, 7:00 - 8:00 PM



Learn how to save money while making your home more energy efficient.

Pregnancy and the Pelvic Floor Tuesday, June 4, 10:00 - 11:00 AM

During pregnancy, a woman's body undergoes remarkable change. Some of these changes involve the pelvic organs and their supportive muscles and tissues. Many expectant mothers are not aware of how pregnancy and childbirth can affect the pelvic floor.

Aromatherapy in the Garden

Tuesday, June 4, 7:00 - 8:30 PM

Do you love to enhance the look of your garden or yard but hate how rough your hands feel afterwards? Tara Penske, Certified Aromatherapist, can help you change that! Learn how to make a gardner's hand scrub with basil and rosemary to use after your hard work is done and a beautiful lotion with essential oils for your hands that will have lasting effects!

Bus Trip to Lincoln Center

Friday, June 7, Departs NBPL 8:10 AM, sharp \$74/per person by May 9. Tour of Lincoln Center, lunch on your own, Museum Mile/Upper West Side tour, Strawberry Fields. See flyer for details.

Health Screenings

Friday, June 7, 11:00 AM - 12:00 Noon Blood pressure and other screenings. Courtesy of Good Samaritan Hospital

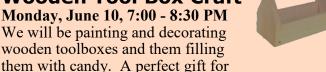


Woven Wire Earring Craft Saturday, June 8, 2:00 - 4:00 PM

Jewelry Designer Donna Irvine teaches you wire wrapping techniques. Students can customize their own creation by choosing wire color and bead color. you have tools you're comfortable working with feel free to bring them. \$15 fee.

Wooden Tool Box Craft

Monday, June 10, 7:00 - 8:30 PM



a special man in your life. This program is especially designed for adults with special needs, but all are welcome.

Tips for Handling Migraines and Headaches

Tuesday, June 11, 10:00 - 11:00 AM

Tips on improving diagnosis, self management and overall care; pharmacological and non-pharmacological treatment. With Dr. Noah Rosen.

Using Money Saving Apps on your Smartphone

Tuesday, June 11, 6:30 - 8:30 PM

Whether you are looking for coupons ahead of time or need a last minute coupon while waiting on line, this class will teach you which apps are best.

Volunteer Opportunities at Good Samaritan Hospital

Thursday, June 13, 11:00 AM - 12:00 Noon

Brittany Colasanto from Good Samaritan Hospital Medical Center will discuss volunteering at the hospital as well as their Thrift Shop in Babylon Village.

Red Cross Adult and Pediatric CPR/AED Certification

Saturday, June 15, 1:30 - 4:30 PM

Learn how to respond to breathing and cardiac emergencies for victims. Successful students will receive a certificate for Adult and Pediatric CPR & AED that is valid for two years. \$60 fee.

LI Naval History in Wartime

Tuesday, June 18, 7:00 - 8:00 PM

Join Bill Bleyer, a former Newsday staff writer and author for a look at LI during wartime periods in our history. This lecture begins with the country's first amphibious landing on Plum Island, the British blockade including the wreck of HMS Culloden, and the Meigs and other whaleboat raids; submarine warfare and the wreck of the British 22-gun sloop-of-war Sylph during the War of 1812; Confederate raiders capturing Union shipping just offshore during the Civil War; the sinking of the only American capital warship in World War I off Fire Island; and U-boats dropping off spies and attacking commercial vessels during World War II.

Heart Disease Treatments

Thursday, June 20, 10:00 - 11:00 AM

What does it mean when a doctor says minimally invasive, hybrid coronary revascularization or TAVR? Join us as Dr. Jorge Balaguer explains new surgical techniques for the treatment of heart disease.

Documentary: Free Solo

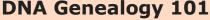
Thursday, June 20, 7:00 - 8:45 PM In an amazing story of perseverance, free climber Tommy Caldwell and climbing partner Kevin Jorgeson attempt to scale

the impossible 3000 ft. Dawn Wall of El Capitan.

An Afternoon of Cabaret Saturday, June 22, 3:00 - 4:00 PM

Enjoy an afternoon of cabaret with Valerie diLorenzo, as she sings classic songs from Broadway and the Great American songbook with

a few surprises. Irving Berlin, The Gershwins, Harold Arlen, Kander and Ebb and Johnny Mercer. Accompanied by Amanda Borsack Jones.



Tuesday, June 25, 7:00 - 8:30 PM

Interested in having your DNA tested? Join certified Genealogist, Rhoda Miller, as she explains DNA basics and the companies that offer testing services.

BBQ Tasting and Tips

Tuesday, July 2, 6:30 - 8:00 PM Competitive Pit Master Brian Collins will be here to demonstrate barbeque



tips and techniques. Food will be available to sample.







YOUNG ADULT CLASSES

Sign-up for all Young Adult classes begins May 1. North Babylon School District residents only with library card, 6th - 12th grade. Please let us know in advance if you will need an accommodation that will make an event accessible to you.

Community Service Credit

The Library provides many opportunities for students to gain service hours. All programs with CSC are volunteer opportunities.

May the 4th Be With You

Saturday, May 4, 2:00 - 3:00 PM Create a Star Wars themed craft and play intergalactic games. Registration in progress.

Tech Tutors CSC

Tuesdays, May 7, 14, 21, 3:30 - 4:30 PM Wednesday, May 8, 7:00 - 8:00 PM Tuesdays, June 4, 11, 18, 3:30 - 4:30 PM TUTORS Teen volunteers will teach adults how to to use a computer, cell phone or tablet. Register for each session separately.



Battle of the Books CSC

Wednesday, May 15, 6:00 - 7:00 PM, Grades 6-9

Looking to earn Community Service Credit over the summer? Join our Battle of the Books team and read great books, make new friends, and represent your library in a book-based trivia competition! How does it work? Battle of the Books is a county-wide program where young adults read eight pre-selected books over the summer. Each week we meet and practice trivia questions based on those books. August we will meet at Stony Brook University to compete against other Suffolk libraries. For students entering grades 6 - 9

Self Defense Workshop

Wednesday, May 15, 7:00 - 8:00 PM

Join us for an evening of self defense and safety training that includes awareness, risk reduction, posture and physical skills. Dress in comfortable clothing.

Drop in Crafts

Thursdays, May 16 and June 27, 10:00 - 8:00 PM

Chess Buddies CSC

Fridays, May 24 and June 28, 7:00 - 8:30 PM Teach a child the basics of chess.



Bath Bomb Bucket of Sunshine

Wednesday, May 29, 7:00 - 8:00 PM

Create lemon scented bath bombs to take home in beach buckets.

Teen Paint Night: Fireworks

Wednesday, June 5, 7:00 - 8:00 PM Paint a Summer-inspired scene on a canvas. Instruction and materials provided.



Nacho Pizza

Friday, June 7, 7:00 - 8:00 PM

Vegetarians or beef lovers can assemble their own nacho pizza ready to enjoy at the library - healthy vegetables, cheese, ground beef and more!

Lip Therapy

Wednesday, June 12, 7:00 - 8:00 PM

Lip scrubs are used to condition the lips once a week. They remove dead skin, tone the lips and polish them as well. Lip balms lock in moisture and provide nourishment to keep your lips heathy. Learn how to make your own lip scrub and follow it up with a moisturizing lip balm. Participants take home their own products and recipes.

Selfie Picture Frame

Wednesday, June 19, 7:00 - 8:00 PM

Create your own picture frame for all of your favorite selfies using paint, washi tape, mini clothes pins and fun decals!

Summer Reading Club Volunteers CSC

Monday, June 24, 3:00 - 5:00 or 5:00 - 7:00 PM Help make the Summer Reading Club a success. Volunteer to help with games or distribute prizes. Volunteers will be needed 3-5 or 5-7pm. Sign up at the Reference Desk.

Stranger Things Shrinky Dinks

Wednesday, June 26, 7:00 - 8:00 PM Choose from an assortment of images

from the series, and create your own "Stranger Things" jewelry using



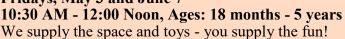
shrinky dink paper. Add to a key chain and add either a cassette tape, retro bicycle or a #11 charm. An epic 80's playlist to go along with the theme!

CHILDREN'S CLASSES

Sign-up for all Children's classes begins May 1 and June 1. North Babylon School District residents only with library card and PIN. Limit 3 programs/month pp.

Drop-In Play Dates

Fridays, May 3 and June 7



Family Jeopardy!



Monday, May 6, 7:00 - 8:00 PM, Grades K - 5 Have a fun evening out with your family playing Family Jeopardy! Answer fun trivia questions using real buzzers! The winning team wins a basket full of prizes, everyone wins snacks!

Mother's Day Soap and Sachet

Tuesday, May 7, 4:00 - 5:00 PM, Grades: K - 5 Make something special for that lovely lady in your life! Learn about the safe use of essential oils and the basics of soap making as we create a melt and pour glycerin soap and floral sachet to bring home. Recipes, labels and products included.

Hands on Music with Dara

Wednesdays, May 8 and June 5 10:30 AM - 11:10 AM, Ages: Birth - 3 years Enjoy a musical story time with Miss Dara.

Parenting the 2nd Time Around

Thursday, May 9, 7:00 - 8:00 PM

This grandparent support workshop will include a discussion on grandparent roles; challenges and solutions; resources and coping mechanisms; finding balance and ways to engage grandchildren and strengthen bonds. Joanne Paul Pascal, Social Work Intern, Stony Brook University.

Parent Child Workshops

Friday, May 10, 10:30 AM - 12:00 Noon Feeding Little Folks

Friday, May 17, 10:30 AM - 12:00 Noon Speech Language Development

Friday, May 24, 10:30 AM - 12:00 Noon The Importance of Play

Friday, May 31, 10:30 AM - 12:00 Noon Living with Toddlers/Toilet Training

Family Story Hour

Saturdays, May 11 and June 8 10:30 - 11:30 AM, Grades: PreK - 5 Come and enjoy a story time and crafts.



Tot's Night Out

Mondays, May 13 and June 10 7:00 - 8:00 PM, Ages: 18 months - 5 years Enjoy an evening with music, crafts, stories and fun.

Harnessing Heat

Tuesday, May 14, 4:00 - 5:00 PM, Grades: K - 5
Fast moving molecules are the main attraction in this exploration of energy and heat. You'll see how air behaves when heated or cooled, and launch a mini rocket to study the properties of heat, and more. Bring home a Mad Science Heat Sheet.

Pre-School Story Time Classes

Wednesdays, May 15 and 22, June 12 and 19 10:30 - 11:00 AM, Ages: 2 - 3 Wednesdays, May 15 and 22, June 12 and 19 2:00 - 2:30 PM, Ages 3 - 5 Thursdays, May 16 and 23, June 13 and 20 10:30 - 11:00 AM, Ages: 3 - 5 Join us for stories, songs, crafts and parachute fun.

Lego Fun

Fridays, May 17 and June 21 7:00 - 8:00 PM, Grades: 1 - 5 Create something wonderful with Legos.



Metamorphosis

Saturday, May 18, 3:00 - 3:45 PM, Grades: K - 5 Witness the life cycle of a butterfly in this interactive science program. Examine each stage of the life cycle, meet live friends and create a beautiful butterfly craft to take home!

Ceramic Fairy on the Moon

Monday, May 20, 7:00 - 8:00 PM, Grades: 2 - 5 Paint a lovely fairy sitting on a half moon.

Just Baby and Me

Tuesdays, May 21 and June 18 10:30 - 11:00 AM, Ages: Birth - 18 months Join us for music, rhymes, finger-plays, and age appropriate activities for your baby!

Spring Fling Cupcakes

Wednesday, May 22, 4:00 - 5:00 PM, Gr. K - 5 Decorate cupcakes to look like spring flowers in a garden.

CHILDREN'S CLASSES

Sign-up for all Children's classes begins May 1 and June 1. North Babylon School District residents only with library card and PIN. Limit 3 programs/month pp.

Chess Club

Fridays, May 24 and June 28 7:00 - 8:30 PM, Grades: 1 - 5



Mommy and Me Yoga

Thursday, May 30, 1:00 - 1:45 PM, Age 18 mo. - 5 Monday, June 10, 2:30 - 3:15 PM

Enjoy a warm, friendly environment while practicing gentle yoga postures (asanas) with your little one!

Father's Day Soap & Hand Scrub

Tuesday, June 4, 4:00 - 5:00 PM, Grades: K - 5Learn about the safe use of essential oils and aromatherapy while making a melt and pour glycerin soap bar for Father's Day along with a beautifully scented hand scrub for Dad or that special guy in your life. Recipes, labels, and products included!

Drop in Crafts

Thursday, June 6, 3:00 - 5:00 PM, Gr. PreK - 5

Butterfly Sugar Cookies

Tuesday, June 11, 4:00 - 5:00 PM, Grades: K - 5 Decorate delicious sugar cookies in the likeness of beautiful butterflies to take home and enjoy.

Treat Jars for Pets

Thursday, June 13, 4:00 - 5:00 PM, Grades: 3 - 5

Create an adorable treat jar for your pet! Decorate and design your jar with ribbon and animal figures, then fill with healthy cat or dog treats!



Parents are expected to remain in the building with their children during children's classes.

North Babylon Public Library 815 Deer Park Avenue North Babylon, New York 11703-3812 (631) 669 - 4020

Board of Trustees
Tory T. Hare, President
Theresa DeBlasi
Ira Hester
Heidi Leibowitz
Muriel Schechtel
Patricia Ziegler
Marc David Horowitz, Library Director

Library Hours
9 AM - 9 PM, Monday – Friday
9 AM - 5 PM, Saturday
1 PM - 5 PM, Sunday (Oct - May)

Flip Flops on the Beach

Monday, June 17, 7:00 - 8:00 PM, Grades: K - 5 Paint a fun beach picture to welcome summer.

Summer Solstice Celebration

Wednesday, June 19, 4:00 - 4:45 PM, Gr. K - 5 Celebrate the summer solstice, a day which has the

most sunlight of the year! Learn about the sunlight zone in the sea and the unique creatures that live there. Create a colorful summer solstice lantern to take home!

Summer Reading Club Starts June 24!

Petra Puppets: Big Banana Blastoff Monday, June 24, 7:00 - 8:00 PM



Celebrate the opening day of the Summer Reading Club with Steve Petra, ventriloquist and puppeteer for a fun, entertaining show for the whole family.

Nick the Balloonatic

Wednesday, June 26, 3:30 - 4:30 PM, Gr. PreK - 5

Aerospace Brixology

Thursday, June 27, 4:00 - 5:00 PM, Grades: 2 - 5 Explore aerospace engineering and discover the secrets of working in space - efficiency, and compact, modular design. Create a space station module, then connect it with others to create a massive modular spacecraft. Finally, assemble, test and take home your own "astro-lander" - a space capsule with a parachute that you can launch!

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The North Babylon Public Library does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in employment or the provision of services.