**Morning Book Discussion**

All discussions held on Tuesdays at 10 am

**January 29**

**The book of joy : lasting happiness in a changing world** byHis Holiness the Dalai Lama and Archbishop Desmond Tutu
 The Nobel Peace Prize Laureates share their hard-won wisdom about living with joy even in the face of adversity, sharing personal stories and teachings about the science of profound happiness and the daily practices that anchor their emotional and spiritual lives.

**February 26**

**The hate u give** by Angie Thomas

 Sixteen-year-old Starr Carter moves between two worlds: the poor neighborhood where she lives and the fancy suburban prep school she attends. The uneasy balance between these worlds is shattered when Starr witnesses the fatal shooting of her childhood best friend Khalil at the hands of a police officer.

**March 26**

**Girl waits with gun** by Amy Stewart

 Constance Kopp doesn’t quite fit the mold. She towers over most men, has no interest in marriage, and has been isolated from the world since a family secret sent her and her sisters into hiding. One day a powerful silk factory owner runs down their buggy, and a dispute over damages turns into a war of bricks, bullets, and threats as he unleashes his gang on their family farm. When the sheriff enlists her help in convicting the men, Constance is forced to confront her past and defend her family in a way that few women of 1914 would have dared

**April 30**

**The female persuasion** by Meg Wolitzer

 A shy college freshman finds her perspectives transformed by a mentor activist at the center of the women's movement who challenges her to discover herself in ways that take her far from the traditional life she envisioned at the side of her boyfriend

**May 28**

**Anything is possible** by Elizabeth Strout

 Two sisters, one who trades self-respect for a wealthy husband and one who discovers a kindred spirit in the pages of a book, struggle with intimate human dramas at the sides of their community members and a returned Lucy Barton.

**June 25**

**How to stop time** by Tom Haig

 A man with a secret rare condition that has enabled him to survive for centuries moves to London to become a high-school history teacher and considers defying his protective guardians' rule against falling in love when he becomes entranced by a captivating colleague.